

Q: What is the Arthritis Walk?

A: *The Arthritis Walk is the Arthritis Foundation's signature event that takes place in communities nationwide and consists of teams that raise funds to fight arthritis. The Arthritis Walk typically takes place during the month of May in conjunction with National Arthritis Month but can be held at any time of the year.*

Q: What is a team?

A: *A team is a group of passionate people joining together to cure arthritis. You may sign up as many people as possible! Team members may include co-workers, friends, family, neighbors and/or clients – anyone you can think of who wants to participate!*

Q: How can my company, family, friends or group participate?

A: *Companies can participate by organizing a team(s) of co-workers, vendors, clients, family and friends to raise money and participate in the event. Companies can also become a corporate sponsor of the event.*

Q: Is the Arthritis Walk limited to corporate teams?

A: *No, in fact we also encourage team participation through civic organizations, schools, neighborhoods, families and friends. Individuals are also welcome!*

Q: Is it difficult to organize a team?

A: *No, team participation is easy! All teams are lead by a Team Captain. Team Captains serve as the liaison between the Arthritis Foundation and your organization. Team captains receive a "Team Captain Kit" with instructions and materials to ensure success in building a team.*

Q: Is my corporation/organization required to make a specific contribution?

A: *No! Generally, teams generate a larger contribution by raising funds collectively. Remember that matching gifts can double your fundraising dollars!*

Q: How do I sign up for the Arthritis Walk?

A: *Participants can register online at www.letsmovetogether.org. There is no registration fee. Once you are signed up, you will receive all the necessary tools to get your fundraising efforts started.*

Q: How are funds raised through team participation?

A: *Each team member is responsible for achieving their own fundraising goal and is encouraged to raise at least \$100 to earn an Arthritis Walk t-shirt. Teams are also encouraged to set a goal and raise funds collectively. Participants can choose to raise funds through the traditional methods or online by setting up their very own web page.*

Q: How is the money collected?

A: *For donations made online, the Arthritis Foundation receives these funds instantly. All other donations (cash or checks) should be turned in to your Team Captain. Team captains are responsible for turning in their team's funds to the Arthritis Foundation.*

Q: How is the money used?

A: *Money raised through the Arthritis Walk will help fund the mission of the Arthritis Foundation, which is to improve lives through leadership in the prevention, control and cure of arthritis and related diseases.*

Q: How long is the route?

A: *The Arthritis Walk is a non-competitive, fully accessible 5-kilometer (3.1 miles) course with a one-mile option for those who would like shorter distance.*

Q: Why should I participate?

A: *Arthritis is serious! Your participation is urgently needed to help find a cure. Join the team today and be a leader in the fight against arthritis.*