

Arthritis Walk Frequently Asked Questions

Q: What is the Arthritis Walk?

A: *The Arthritis Walk is the Arthritis Foundation's signature event that takes place in communities nationwide and consists of teams that raise funds to fight arthritis. The Arthritis Walk typically takes place during the month of May in conjunction with National Arthritis Awareness Month but can be held at any time of the year.*

Q: What is a team?

A: *A team is a group of participants joining together to raise funds to cure arthritis. Team members may include co-workers, friends, family, neighbors and/or clients – anyone you can think of who wants to participate!*

Q: How can my company, family, friends or group participate?

A: *Companies can participate by organizing a team(s) of co-workers, vendors, clients, family and friends to raise money and participate in the event, and/or become a corporate sponsor of the event.*

Q: Is the Arthritis Walk limited to corporate teams?

A: *No, in fact we also encourage team participation through civic organizations, schools, neighborhoods, families and friends. Individuals are also welcome!*

Q: Is it difficult to organize a team?

A: *No, it's easy! All teams are lead by a Team Captain. The Arthritis Foundation will work with the Team Captain and provide support to make your team a success!*

Q: Is my corporation/organization required to make a specific contribution?

A: *No! Generally, teams generate a larger contribution by raising funds collectively. Remember that matching gifts can double your fundraising dollars!*

Q: How do I sign up for the Arthritis Walk?

A: *Participants can register online at www.letsmovetogether.org or by sending in a hard copy registration form to the Arthritis Foundation chapter office. There is no registration fee. Once you are signed up, you will receive all the necessary tools to get your fundraising efforts started.*

Q: How is the money collected?

A: *For donations made online, the Arthritis Foundation receives these funds instantly. All other donations (cash or checks) should be turned in to your Team Captain. Team Captains are responsible for turning in their team's funds to the Arthritis Foundation.*

Q: How is the money used?

A: *Money raised through the Arthritis Walk will help fund the mission of the Arthritis Foundation, which is to improve lives through leadership in the prevention, control and cure of arthritis and related diseases.*

Q: How long is the route?

A: *The Arthritis Walk is a non-competitive, fully accessible 5-kilometer (3.1 miles) course with a one-mile option for those who wish to walk a shorter distance.*

Q: Why should I participate?

A: *Arthritis is serious! Your participation is urgently needed to help find a cure. Join the team today and be a leader in the fight against arthritis.*